



Leduc Composite High School

Grade 10 ONLY

COURSE SELECTION HANDBOOK

A comprehensive guide to school programs and extracurricular activities at Leduc Composite High School.

2025/2026

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THE REGISTRATION PROCESS

Who may Register

- Leduc Composite High School can accept any student who has completed junior high school from the following Leduc Schools and live east of Hwy 2 (with the exception of French Immersion students):
 - Caledonia Park School
 - École Leduc Junior High School
 - Covenant Christian School
- First consideration will be given to students who live within the Leduc boundaries and attend one of our feeder schools.
- Parents of students who may qualify for the Inclusive Education Program, can contact the LCHS Learning Support Teacher at (780) 986-2248 to arrange for program evaluation.

For new students not enrolled at feeder schools

Applications will be accepted on April 23 by coming to our school from 4 - 7PM.
New Student registration forms must be filled out online

You will be asked to provide:

- proof of address (utility bill, home bill of sale, driver's license)
- proof of identity (birth certificate)
- a current report card from your previous school
- an Individual Program Plan (if applicable)

Applications will not be completed until all of the above information is presented.

Note:

- Please be aware that with late registrations, we cannot ensure that you will receive all the courses you request or require.
- The school reserves the right to control the capacity of all programs. For this reason out of jurisdiction students will be accepted as space & resources allow.

Important Dates

- Timetable Changes (By Appointment Only)
- Registration for Grade 10 (Subject to change): August 22nd
- School Starts for ALL Grades: August 27, 2025
- School Fees for Semester 1 (Q1 & Q2) are due by September 30th
- School Fees for Semester 2 (Q3 & Q4) are due by March 1st

On the registration entry days, students will do the following:

1. Obtain student ID cards
2. Have lockers issued
3. School Pictures

LCHS PATHWAYS

At Leduc Composite High School there are three pathways for high school completion.

Alberta High School Diploma

Students work toward the completion of 100 high school credits. On the diploma pathway students have the option of taking the general academic stream of courses: English 10-2, Social 10-2, Math 10-3 or Science 14; or our upper academic stream of courses: English 10-1 Social 10-1, Math 10-C and Science 10.

Knowledge and Employability Certificate of Achievement (KAE)

Students work toward the completion of 80 credits. The courses taken in this pathway are English 10-4, Social 10-4, Math 10-4 or Science 10-4. Students can start high school on the KAE pathway and as they are moving towards completion of their requirements they can begin upgrading to complete their Alberta Diploma requirements (difference of 5 courses).

Students who have been in K&E courses in junior high or students who are having difficulty with grade level coursework may consider this pathway as means to improve their foundational academic skills as well as being prepared for employment at the end of their high school experience.

Certificate of High School Completion

This pathway is provided through Inclusive Education (IE) and creates learning opportunities for all students. At LCCHS, we have many students who work towards completing high school through their own unique learning program. IE programming is set up to be a 3 year program for students. Students participate in our Graduation Ceremony in May of their Grade 12 year.

After the 3 years of high school, the transition to adulthood will begin which sometimes includes a return to high school when appropriate. Our inclusive education team works with students on a vast spectrum: from those with significant educational challenges to those on the cusp of entering the Knowledge and Employability (KAE) stream.

English as an Additional Language

LCCHS strives to be a culturally competent school that meets the needs of students who are developing their English language proficiency, as well as, learning Alberta content and curriculum. Support is available for newcomer students who have arrived in Canada within the last 5 years. Students will be formally assessed for the level of English language proficiency. LCCHS works collaboratively with Action for Healthy Communities (AHC); they support people new to Canada with adjusting to Canadian expectations, learning about programs and services, and accessing local resources.

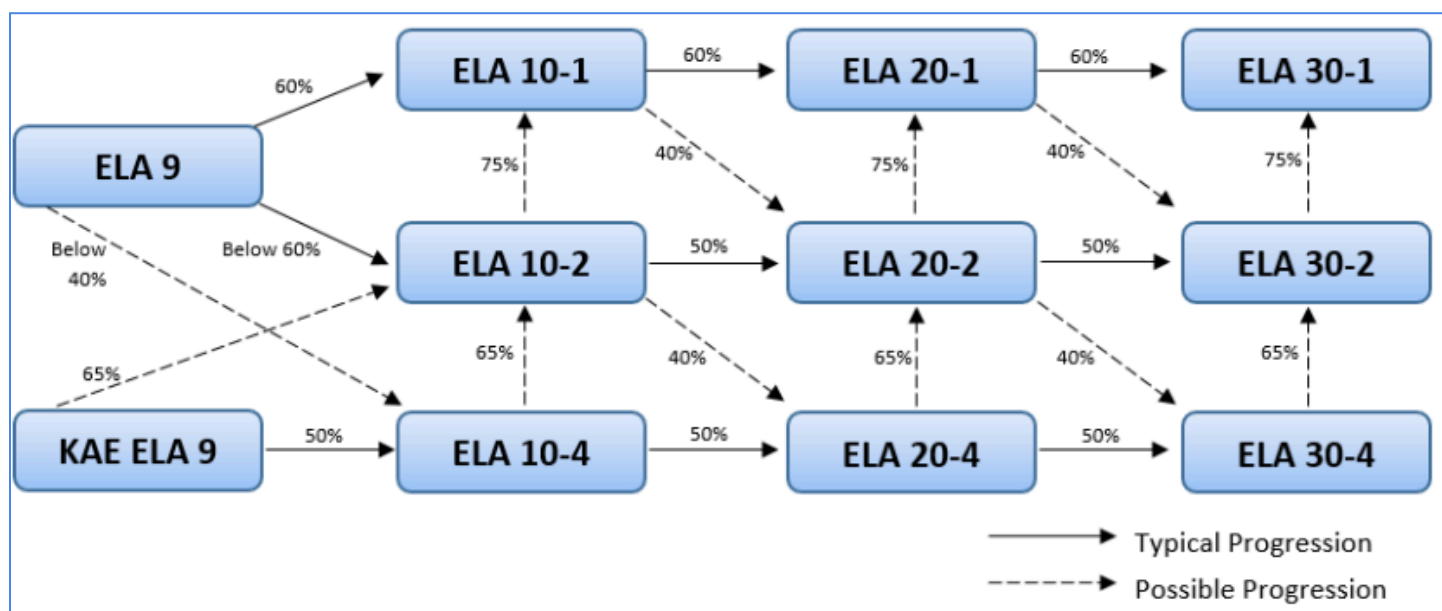
Multicultural Education

LCCHS values diversity and is committed to developing global citizens who appreciate the ever-changing complexities of the world in which they live. Our school community is strengthened by multiculturalism burgeoning within our building.

Indigenous Education

LCCHS students are able to enroll in Aboriginal Studies courses to develop and enhance their knowledge of Indigenous history, culture and identities. Indigenous content and context is also embedded within the Social Studies and English course materials and objectives.

ENGLISH



*This course may be taken with teacher recommendation and parental consent.

Note: All students must successfully complete a 30-level English course to meet graduation requirements.

English 10-1 - 5 credits

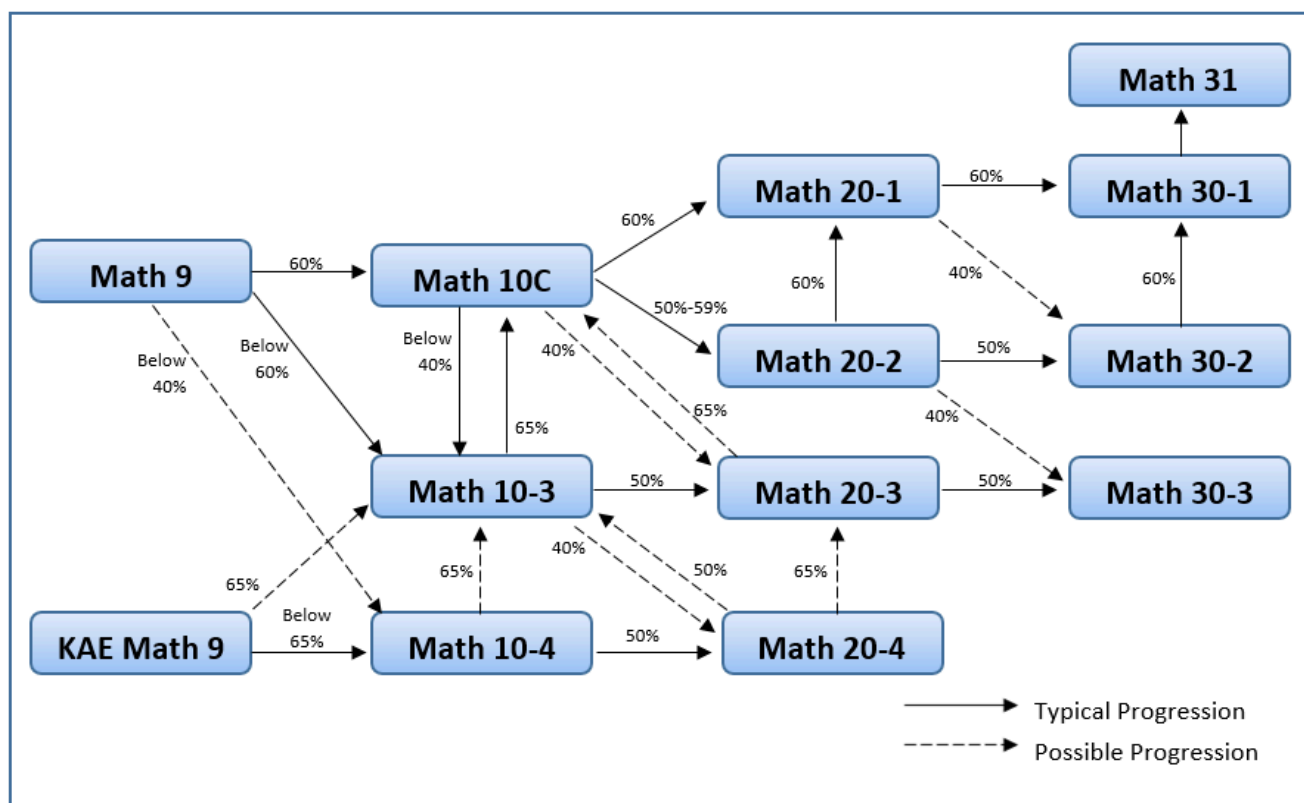
This course focuses on the development of writing skills, concept development, appreciation/analysis of literature. The –1 stream is for entrance into most university programs.

English 10-2 - 5 credits

English –1 and –2 content is quite similar, however, the expectations for ELA 10-2, are less rigorous than the expectations for ELA 10-1. The –2 stream can be used for most college and technical school programs.

A 30 level English is required for graduation.

MATHEMATICS



Note: All students must successfully complete a 20-level math course to meet graduation requirements.

Math 10C/Mathématiques 10C - 5 credits

This is a foundational mathematics course that incorporates a pure mathematical and rigorous approach. This course allows students to develop a deep, conceptual understanding of core mathematical concepts.

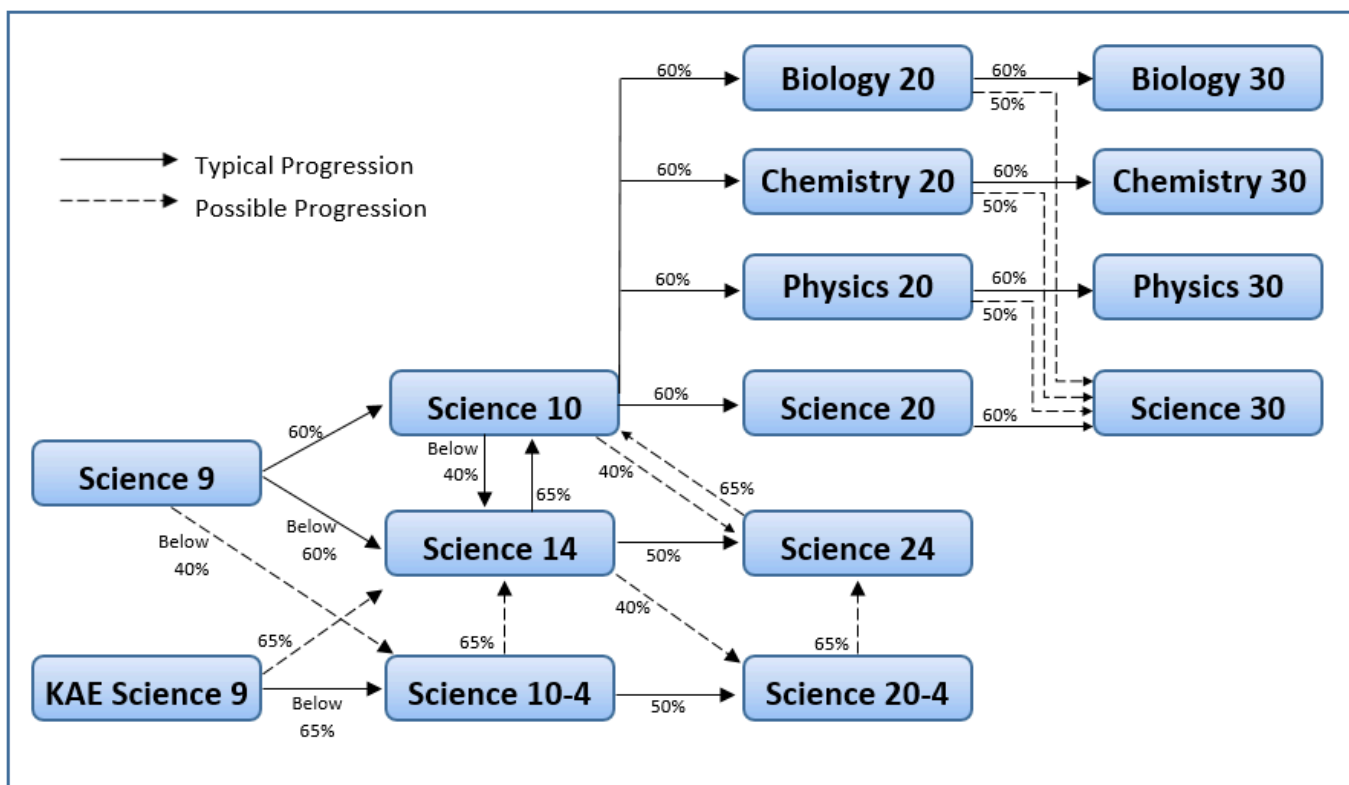
Math 10-3 - 5 credits

This is a course that is designed for non-mathematical students interested in pursuing trade certification in welding; cosmetology; construction or automotive fields, or seeking to obtain the minimum requirements for an Alberta High School diploma.

SCIENCE

The sciences courses are designed to help students:

- learn basic concepts, skills and attitudes needed to prepare them for future science related studies
- develop an understanding of science that enhances the enjoyment of natural phenomena
- integrate the knowledge and skills that allow them to make thoughtful decisions about issues involving science, society and technology focus and higher level thinking skills such as synthesizing information and evaluating data



Note: All students must successfully complete a 20-level science course to meet graduation requirements.

Due to the math skills necessary for the successful completion of the following courses, it is strongly recommended that Science 10 students are also enrolled in Math 10C

Science 10/Sciences 10 - 5 credits

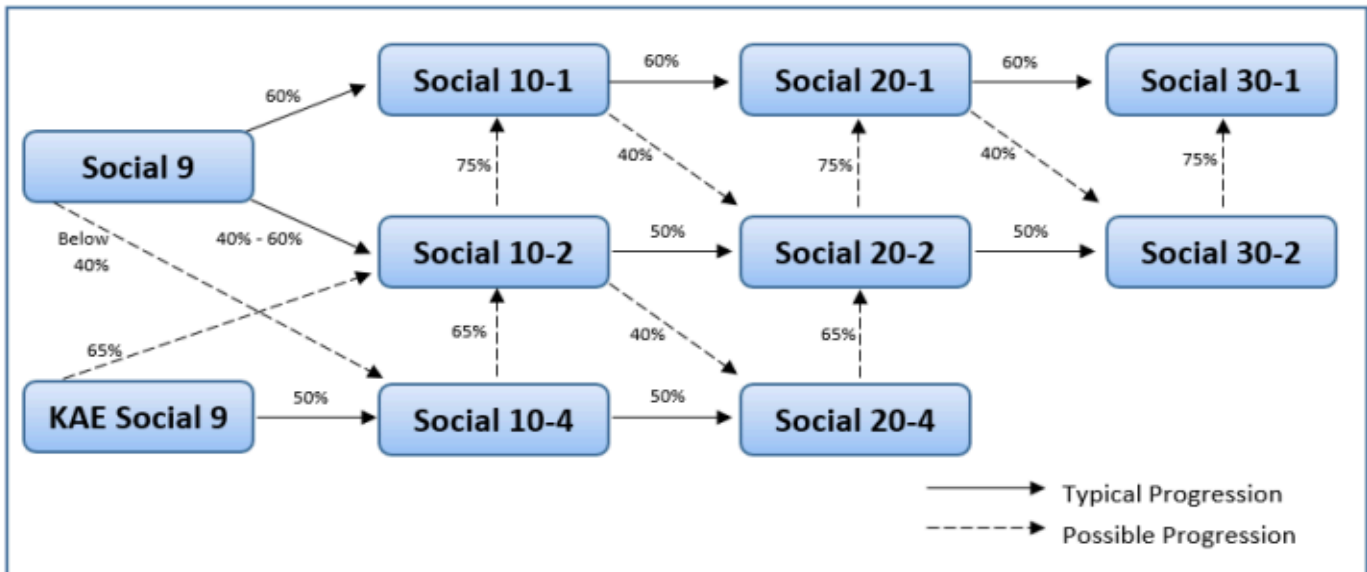
Science 10 is an academic course with biology, chemistry, physics and climate change units. This is the foundation for progression through all science courses at the 20 and 30 levels.

Science 14 - 5 credits

Non-academic, activity-based modules covering basic biological, chemical and physical principles. Science 14 is an exciting, hands-on exploration of the world around us. The focus of this course will be the hands-on application of the science discussed in class.

SOCIAL STUDIES

All Social Studies courses emphasize critical thinking, citizenship and social responsibility. All Social Studies courses integrate concepts in geography, history, economics, and political science.



Note: All students must successfully complete a 30-level social course to meet graduation requirements.

Social 10-1/Études Sociales 10-2 - 5 credits

Perspectives on Globalization - Students will explore multiple perspectives on the origins of globalization and the local, national and international impacts of globalization on lands, cultures, economies, human rights and quality of life. Students will examine the relationships among globalization, citizenship and identity to enhance skills for citizenship in a globalizing world. The infusion of multiple perspectives will allow students to examine the effects of globalization on peoples in Canada and throughout the world, including the impact on Aboriginal and Francophone communities.

Social 10-2/Études Sociales 10-2 - 5 credits

Living in a Globalizing World - Students will explore historical aspects of globalization as well as the effects of globalization on lands, cultures, human rights and quality of life. Students will explore the relationships among globalization, citizenship and identity. The infusion of multiple perspectives will allow students to examine the effects of globalization on peoples in Canada and other locations, including the impact on Aboriginal and Francophone communities. Students will develop skills to respond to issues emerging in an increasingly globalized world.

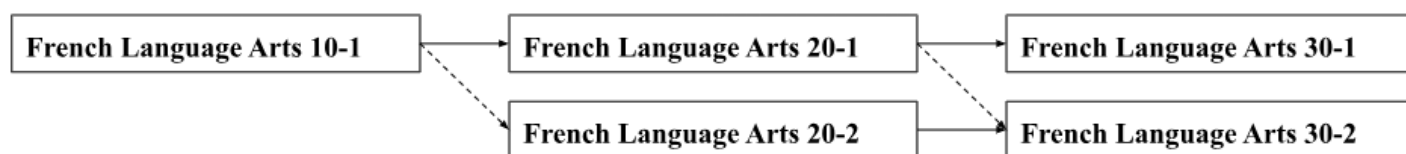
FRENCH IMMERSION PROGRAM

Most core subjects will be available for the students to continue and complete their high school studies in French earning a bilingual diploma from LCHS.

French Immersion is a highly successful approach to second language learning — an effective way for students to become functionally fluent in French while achieving all of the objectives of the regular school program.

French is the language of instruction for a significant part of the school day; that is, several or all subjects, except English language arts, are taught in French. This program is designed for students whose first language is not French. The objective is full mastery of the English language, functional fluency in French, as well as an understanding and appreciation of French culture.

(<https://www.alberta.ca/french-language-education-in-alberta>)



French Language Arts 10 - 5 credits

Immersion level Grade 10 French, stressing listening, speaking, reading and writing on approximately an equal basis.

Core Courses offered in French:

See pages for those specific subject areas below to view descriptions, prerequisites and view course sequencing charts.

- French Language Arts 10-1, 20-1, 20-2, 30-1, 30-2
- Études Sociales 10-1, 20-1, 30-1, 30-2
- Mathématiques 10C, 20-1, 30-1, 30-2
- Sciences 10, 30
- Biologie 20, 30 (Note: Biologie 20 must be taken in Grade 10 and Biologie 30 in Grade 11)
- Chimie 20, 30

*Some courses will only run if the registration numbers are high enough. Course content is the same as those offered in English.

*Some courses are only offered every other year.

PLEASE NOTE:

- Only 25 credits from any combination of languages may be used towards a high school diploma. This means that if a student takes FLA 10, 20, and 30, and challenges French 10, 20, and 30 and Spanish 10, 20, and 30 they will earn 30 credits, of which only 25 will count towards their 100 credit requirement for a high school diploma.
- A French Immersion student must obtain 40 credits in French courses to obtain their French distinction. This includes FLA 10, 20 and 30 and one other subject to the 30-level.

OTHER REQUIRED COURSES

CALM (Career and Life Management) - 3 credits

The aim of senior high school CALM is to enable students to make well-informed, considered decisions about all aspects of their lives and to develop behaviours and attitudes that contribute to the well-being and respect of self and others, now and in the future.

CALM is required to graduate from high school.

Students in CALM will also complete:

CTR1010 - Job Prep - 1 credit

HCS3000 - Workplace Safety Systems - 1 credit (required to register in Work Experience)

Students who have not completed CALM by the end of Grade 10, will be required to take it in Grade 11.

Physical Education 10 - 3 credits or 5 credits

Physical Education 10 focuses on participation and the development of lifelong fitness skills. Students will engage in various activities encouraging greater knowledge, skill development and positive attitudes necessary to lead an active and healthy lifestyle. Classes are taught in boys only and girls only classes.

Physical Education 10 is required to graduate from high school.

SECOND LANGUAGES

The second languages taught at Leduc Composite High School are Spanish and French. Students with a very strong background may ask for a placement evaluation to start the course at a higher level of instruction or a challenge exam to earn credits for the course.

Spanish Language and Culture 10 - 5 credits

Spanish is the official language of 21 different countries and one of the top four most spoken languages worldwide, with over 400 million native speakers, including many tropical and affordable tourist destinations. Spanish is one of the most popular and useful languages to learn!

Spanish Language and Culture 10 is designed for students with little or no previous experience in Spanish. Students will develop basic communicative skills of reading, writing, speaking and listening through a variety of relevant and meaningful activities, including dialogues, video clips, written exercises and authentic texts. Students will communicate both by written and oral means about their personal interests, family and friends, school, sports and hobbies. Students will be able to express themselves in the past, present and future tense and learn about a variety of Spanish customs and traditions, such as Day of the Dead, Christmas, Easter and Cinco de Mayo.

French Language 10 - 5 credits

The overarching goal of the French as a Second Language program is that by the end of French 30, students can understand and express themselves in oral and written expression in basic situations. The program develops a desire to learn French for personal benefits and awareness that French is spoken in different parts of the province, country, and is the first language in over 33 countries worldwide.

<https://education.alberta.ca/media/677906/threey.pdf>

PLEASE NOTE:

By the end of a Second Language 30 course, students will earn 30 credits total but only 25 will count towards their 100 credit requirement for a high school diploma.

Second Language 30 courses can be used for university entrance for some faculties. Please check the requirements with your school counsellor.

OPTIONS

Aboriginal Studies 10 - 3 credits

Aboriginal Studies 10 is based on perspectives and worldviews of Aboriginal peoples. It includes the study of traditions and history of Aboriginal peoples in Canada, and particularly in Alberta.

The four themes in Aboriginal Studies 10 are:

- Origin and Settlement Patterns
- Aboriginal Worldviews
- Political and Economic Organization
- Aboriginal Symbolism and Expression

Art 10 - 5 credits

Art 10 is an introductory course designed to teach motivated students the basic concepts, techniques, and media associated with art and design. It is fast paced and challenging with an emphasis on skill development. Students will learn to see and think as artists do enabling them to create artwork with confidence and pride.

Creative Writing 15 - 3 credits

Creative Writing 15 will allow motivated students to write in a variety of specific creative writing genres as they build their own writing portfolios. This process-based course will build upon increasing sophistication in students' understanding and application of writing. Students will have opportunities to understand the artistry and technique of different forms of creative writing, develop techniques for both individual and collaborative editing, and explore methods for sharing completed work digitally, orally, and in print. This fast paced and challenging three-credit course will enable students to create original pieces of creative writing in a variety of specific genres while establishing a collaborative creative writing community with their fellow classmates.

Learning Strategies 15 - 3 credits

Give yourself a foot up in high school. Learning Strategies is for anyone who wants to become a better student. Students who are strong academically can use the strategies to increase the efficiency of their studying and decrease study anxiety. Students who have struggled academically in junior high will take this course to learn skills that will help them to be more successful. Attitudes, confidence, learning style, note-taking, reading, and writing will be explored as students gain academic and life skills that will benefit them in the future in this very student oriented class.

Note: We also recommend this course for students who have not passed at least one core course in Grade nine.

Yearbook - 3 or more credits

Are you interested in taking compelling photos of school sports, student life, musicals, arts and culture, academics and all the other exciting things that make up LCHS? Join the Yearbook and contribute to capturing these memories!! You will earn credits while you take photos, design your pages and get together with other students in a fun and creative environment.

IF YOU WOULD LIKE TO PURCHASE A YEARBOOK AND KEEP YOUR MEMORIES ALIVE, PLEASE ADD THE AMOUNT TO YOUR SCHOOL FEES.

MUSIC OPTIONS

Band 15 - 3 credits

Band 15 is designed as an extension of the Instrumental Music 10 course.

Band 15 is a multi-level course intended for a variety of student abilities; students wanting to learn how to play an instrument, students wanting to learn a second instrument or for students who would like to extend and challenge their musical skills are invited to take this course. Individual musical skills will be challenged based on the level of experience and the skills developed in this course would be reinforced and enhanced through participation in a large ensemble band setting.

It is recommended that students take this course in addition to Instrument Music 10.

Choral Music - 3 or 5 credits

Choral Music provides an opportunity for male and female students to sing with our Leduc Composite High School Choir. A variety of musical styles are explored through three and four part harmony. Classes are held Monday & Wednesday weekly after school until 5:00 pm, and the course runs for the entire year for five credits. No experience necessary!

General Music 10 - 3 credits

General Music 10 is an introductory music class that focuses on guitar instruction with access to a variety of other instruments as well: drums, bass, piano, keyboards, ukulele, mandolin, banjo, etc. Students have access to an impressive collection of professional music equipment: Les Pauls, Stratocasters, Telecasters, Fretless Bass, Tube Amplifiers, pro recording gear, guitar effects and much more. By the end of the 10 level class, students that were complete beginners, consistently, are playing songs and have the skills to continue their music education. There is also an introduction to home recording techniques and electronic music production.

Instrumental Music 10 - 3 or 5 credits

Instrumental Music provides students with a hands-on musical experience through participation in our Leduc Composite High School Concert Band. Classes are held Tuesday & Thursday weekly after school for approximately 80 minutes until 5:00 pm, and the course runs for the entire year for five credits. Instrumental Music is a continuation of Jr. High Band. Other interested students should contact the music teacher prior to enrolling.

Instrumental Jazz 15 - 3 or 5 credits

Instrumental Jazz 15 offers students the opportunity to refine musicianship through personal practice, rehearsal and performance in a Jazz Ensemble. This class will explore the rhythmic patterns, chord textures and harmonies specific to the jazz genre and students will engage in creativity and innovation through improvisation and participation in the ensemble.

Instrumental Jazz is a co-requisite course - students must also be registered in Instrumental Music 10. Enrolment in the course without the co-requisite may be permitted with the music teacher's recommendation and permission of the principal.

Jazz Ensemble will rehearse outside of regular school hours through the use of intensive, noon hour rehearsals and private study. Practice and performance is required.

THEATRE ARTS

The LCHS Theatre Program is recognized across the province for its high quality performances and professionalism. The Musical Theatre productions are often sold out well in advance and the One Acts have won numerous awards at the Provincial level. The program is diversified in its nature and provides a variety of opportunities for the student.

The Musical Theatre and Drama productions do require student rehearsal time after school with increased time commitments before and during productions and competitions.

Drama 10 - 5 credits

Drama fosters positive self-concepts by encouraging students to explore life through assuming roles and acquiring dramatic skills. The imaginative exploration involves setting up and acting out dramatic situations, communicating within those situations, and reflecting on the consequences. It is this reflection that provides the knowledge for self-development.

Musical Theatre 15 - 5 credits (to be taken concurrently with Drama 10)

Musical Theatre combines drama, vocal and instrumental music, art and dance to enhance the depth and breadth of expression. Students will experience opportunities to express, collaborate and grow as they bring together all of these elements. This course is offered in the first semester in combination with Drama 10.

Students taking Drama 10 can also be registered in Musical Theatre.

Advanced Acting 15 - 5 credits (to be taken concurrently with Drama 10)

These courses provide a continuum of theatre experiences that move well beyond the introductory or exploratory activities outlined in drama. Advanced Acting expands the specific skills related to performance and is designed to extend the foundation skills outlined in Drama. The major difference is the learning strategies employed in these courses. In this sequence, all of the learning objectives will be achieved by advanced production experiences. Students will continue their exploration of acting skills by involvement in a variety of production work beyond the scope of the LCHS's regular performance series (Musical Theatre and One Acts). These presentations will be specifically designed for the advanced acting stream. This course will be offered in the fifth block, which means the course schedule is flexible and will take place at times that best fit with the student's regular schedule.

Technical Theatre 15 - 5 credits

This course provides an opportunity for students to gain knowledge and practical experience with theatre production beyond that offered in the drama program. Students will work in sound and lighting design for major productions for drama, advanced acting and school assemblies. Set design construction, prop making, stage management, front of house and marketing will also be included. This course will take place over the course of both semesters depending upon the nature of productions and school events.

Note: All Musical Theatre, Advanced Acting and Technical Theatre courses are at the discretion of the department for enrollment.

CTS COURSES

Career and technology studies (CTS) is a provincially authorized curriculum for Alberta secondary schools designed on a pathways model to offer flexible programming using 1-credit courses. CTS courses are offered as either a quarter class or a semester class.

Accounting for Business 10 - 3 credits

Accounting is the basis for every decision a business makes. Quite literally, every business, government institution, and organization needs to know where they started, what has happened, and where they are now so they can figure out where they are going – everyone needs an accountant. In Accounting for Business students are introduced to the terminology and processes unique to financial accounting. They become familiar with financial statements, generally accepted accounting principles (GAAP) and how to prepare for the process of starting up a business. Students will learn how to continue on and complete the accounting cycle for a service business and prepare basic budgets, financial statements, and closing accounts.

CTS Courses may include:

FIN1015 Accounting Prep

FIN1020 Accounting Cycle 1

FIN1030 Accounting Cycle 2

Computer Science 10 - 5 credits

This course is all about the art and the Science of computer programming and robotics. At the Introductory level, students learn some of the basic concepts and terminology of computer Science in general. Students start learning how to program with Python and experiment with programming robots.

CTS Courses may include:

CSE 1010 Computer Science 1

CSE 1110 Structured Programming 1

CSE 1120 Structured Programming 2

Construction Technology 10 - 5 credits

Students learn how to safely transform common wood materials into useful products, and gain knowledge in all areas of carpentry and construction. Students will be able to design or adapt plans for projects, and build them using proper construction techniques. Students are able to take all projects home after completion.

CTS Courses may include:

CON1010 Basic Tools & Materials

CON1120 Project Management

CON 1130 Solid Stock Construction

CON 1140 Turning Operations

CON 1160 Manufactured Materials

CON 1910 Con Project A

Cosmetology 10 - 7 credits

Personal Grooming is a basic essential practice for every individual in order to achieve personal wellness. Strands in CTS Cosmetology help build skills essential for entrance in the Beauty Industry.

In the 30 level students will have the opportunity to implement all the skills they have learned and work on clients.

CTS Courses may include:

HSA3900 Apprenticeship Safety

HSA3431 Hair & Scalp Analysis

HSA3436 Shampoo & Condition Hair

HSA3511 Drying Hair

HSA3516 Setting Wet Hair

HSA3521 Styling Dry Hair

HSA3506 Styling, Perming, Colouring Tools & Equipment

Entrepreneurship 10 - 3 credits

Do you want to be your own boss? Do you have what it takes to be an entrepreneur? Explore business opportunities and ideas and learn what skills it takes to run your own business. From basic management concepts and record keeping to marketing and customer service, students study a wide range of business skill sets. You will need them all to run your own business, and you will - run your own business that is. Students wrap up each course with a project focusing on key aspects of operating a venture in the school.

CTS Courses may include:

ENT1010 Challenge & Opportunity

MAM1020 Quality Customer Service

ENT1910 Project: Operate Your Own Venture

Fabrication Studies (Welding) 10 - 5 credits

Fabrication Studies is a program which allows students to gain skills/knowledge in the welding trade. Various processes used in the cutting and joining of metals will be explored. Safe workplace procedures, basic skill development and project work in the lab will be emphasized in this program.

CTS Courses may include:

FAB1010 Tools & Materials

FAB1040 Oxyacetylene Welding I

FAB1050 Basic Electric Welding

FAB1100 Fabrication Principles

FAB1048 Semi-Automated Welding

Foods 10 - 3 credits

Are you a Foodie? Do you enjoy cooking and baking, and of course, EATING? Then this course is for you. Choose your own recipes, learn safe and sanitary practices, develop a better understanding of a healthy active lifestyle, diet and nutrition, and of course basic food presentation and preparation techniques. Whether students are searching for recipes, working on nutritional theory, or “hands on” in the kitchens, they are developing strong team building skills, time management, and safe and sanitary practices.

CTS Courses may include:

FOD1010 Food Basics

FOD1020 Contemporary Baking

FOD1030 Snacks & Appetizers

FOD2180 Vegetables & Fruits

Leadership 10 - 3 credits

The focus of the Leadership course is to provide students with the knowledge and skills necessary for effective communication, teamwork, and service to others in the school and community. It recognizes that the students must understand the concept of leadership and must be able to lead themselves before they can be effective leaders for others. The goal of the course is to hone these skills through service in the school, Leduc, and the global community. Students will identify and use personal management skills and demonstrate an understanding of effective strategies that will help him/her to be a successful leader.

CTS Courses may include:

HSS1080 Leadership Fundamentals

HSS2080 Leadership Fundamentals 2

HSS1090 Speaking & Presenting

Legal Studies 10 - 3 credits

Law is the foundation upon which our society is built. Legal Studies courses are a starting point for students to learn the basis for our laws and practical information about them. This course is designed to make students aware of the system that affects so many aspects of our lives. Explore workplace and consumer law in the context of how they are relevant to you and discuss the legal relationship between the government and its citizens. You will also look at the criminal justice system and explore law-related careers. The objective of this course is to change your perspective, to have students make informed decisions and reason logically - not to study legal decisions to prepare you for the courtroom.

CTS Courses may include:

LGS1010 Private Law

LGS1020 Family Law

LGS3080 Criminal Law

Mechanics (Introduction to Mechanics)10 - 3 credits

This course allows students to learn the everyday life skills needed in owning a vehicle. From oil changes to tire swaps, you will learn the basic functions around an automobile. Students may be able to work on customer vehicles. In addition, mechanics students will also be the first in line to work on family vehicles.

CTS Courses may include:

MEC1150 Ride and Control

MEC1040 Engine Fundamentals

MEC1020 Vehicle Service and Care

Medical Services 10 - 5 credits

Potential certification - Sport Medicine Council of Alberta Sport Nutrition

Medical Services 10 is designed to give students an understanding of their own personal health and wellness. Emphasized areas include human anatomy and physiology, diseases of the body, and current treatments in the medical field. The body systems knowledge developed in Medical Services 10 is also an asset for students taking Biology 20.

This course is a prerequisite for Medical Services 20 and 30 and Fitness & Sport Medicine 20.

CTS Modules may include:

HSS1010 Health Services Foundations

HCS1050 Musculoskeletal System

HCS1080 Cardiovascular System

HCS1060 Digestive System

REC2010 Nutrition for Recreation Activities & Sport

Mentorship & Peer Support 10 - 3 credits

Mentorship provides opportunities for caring youth in grades 10-12 to develop a guiding, teaching relationship with a younger person. Mentors serve as positive role models for their mentees, working to assist them with academic and social success. Mentors provide support, advice, encouragement and even friendship to their younger peers. Throughout this course, you will not only get satisfaction from helping other students, you will also gain important volunteer experience that is beneficial when applying for post secondary programs and scholarships.

CTS Courses may include:

HSS1050 Introduction to Mentorship

HSS2050 Becoming a Mentor

HSS3050 Becoming a Mentee

Outdoor Education 10 - 3 credits

Outdoor Education is a student-focused program that challenges students mentally, physically, socially, and emotionally. Using the outdoors as a classroom, it teaches essential skills for an active, healthy lifestyle. The course emphasizes outdoor skills such as leadership, planning, navigation, survival and cooking, with practical application both in and outside the classroom. Seasonal activities may include kayaking, backpacking, camping prep/camping, and climbing, offering diverse, hands-on learning experiences.

CTS Courses may include:

WLD1010 Introduction to Wildlife

WLD1100 Outdoor Cooking Theory

WLD1130 Outdoor Survival Skills

Personal Finance 10 - 3 credits

Personal Finance is a starting point for students to learn more about managing and investing money. This course begins with discussing money management from the perspective of managing an individual's finances and the factors that would influence them. Students next explore the many options available to them for investing the money they just learned to save. The course wraps up with a practical application. Students get an opportunity to test their knowledge out by using an investment simulator to manage a virtual investment portfolio.

CTS Courses may include:

FIN1010 Personal Financial Information

FIN1910 Project 1A

FIN3080 Personal Investment Planning 1

Photography 10 - 3 credits

Learn how to make amazing photographs, colour correct your own pictures in Adobe Photoshop, and grow as an artist in this unique and creative course. In Photography 10 you will be given opportunities to learn the basics of photography.

CTS Courses may include:

COM1005 Visual Composition

COM1205 Photography Introduction

COM1215 Photography Exposure

Textile Arts 10 - 3 credits

Students will learn Textile Arts basics through many engaging projects and experiments with needle arts, including knitting, crochet, embroidery, weaving techniques and much more. As well as learning valuable life skills, students can express themselves through the textile arts.

CTS courses may include:

FAS1190 Textile Arts 1

FAS2190 Textile Arts 2

FAS3190 Textile Arts 3

LCHS LEADERSHIP ACTIVITIES & CLUBS

Student Council

Are you someone who enjoys working with others? Are you passionate about building a sense of community and possess strong leadership skills? Then you might consider joining LCHS's Student Council. Student Council is a group of student leaders who collaborate with others to create a positive impact on our school environment. Student Council is the HEART of student involvement. This group meets once a week at lunch to plan and organize activities within the school to help foster a sense of community for the student body. You can be as involved as you choose to be, and will have the opportunity to plan and facilitate fundraisers, theme days, activities, school spirit events and more throughout the year. Student Council is the first group that is approached when leadership opportunities arise and involvement looks great on scholarship applications. We look forward to seeing many of you in Student Council this year!

GSA

LCHS is proud to have hosted a GSA for over a decade. Meeting once a week during lunch, this group of students takes on difficult topics relating to the exploitation of inequalities and differences faced by many in our society. The GSA strives to bring awareness and celebration to the differences that exist among the LCHS population far beyond just differences in sexuality and gender. These many differences include race, ethnicity, social status, abilities, cultural differences, and many others. The LCHS GSA provides a safe space for difficult discussions and learning.

In the past, GSA has hosted movie nights, potluck suppers, and other special events. The GSA has also helped youth in need outside of the walls of LCHS with events like winter clothing drives for the Edmonton Emergency Youth Shelter. Through events like this one, students realize that they can make a difference through individual efforts of like-minded individuals, coming together to help each other and make a difference in the lives of many.

Citadel Club

Do you love the theatre? Then join this club! You'll get to see 6 plays throughout the school year. The cost is approximately \$250 (prices have not been confirmed for next season yet) includes:

Transportation to and from LCHS

Pre-show Students club

Play

Depending on time, Post-show Talk-Back

Grab N' Go Breakfast Program

Missed your breakfast?

Stop by room 106 and grab a bite to go.

Open 8:00 until the first bell.

Fresh Fruit, Yogurt, Cheese, etc.

Don't go to class hungry!

Please use this program responsibly and respectfully.

LCHS SPORTS

LEDUC COMPOSITE HIGH SCHOOL

"HOME OF THE TIGERS"

Sports Programs Seasons and Events

Football	August to November: League 1 Team
X-Country	September to October: 5 meets; Zones
Golf	September to October (based of number of participants)
Volleyball	September to November League: Tournaments
Curling	October to February: League and Zones
Basketball	November to March League: Tournaments
Rugby	April to May: League
Badminton	March to May: League
Handball	March to May: League
Track and Field	April to May
Soccer	April to May: League

Overview of School Sports

Our programs have had huge success in the past. We have maintained a consistent & competitive record. We compete in the Metro Edmonton Athletic Conference playing the same teams within the Edmonton city limits and also St. Albert, Sherwood Park, Fort Saskatchewan & Ardrossan.

LCHS interscholastic teams are competitive, not recreational. Students will be asked to commit time and effort on behalf of the TEAM. Expectations of our student athletes are high not only on the court but also off the court as ambassadors for our school. Our coaches create an atmosphere of fun, mixed with business, for the athletes.

Funding for our athletic programs are funded by two main sources — a user fee that each participant is charged and the other is bingo revenue.

We expect all team members to be of good standing at all times and may be removed by the coach or administration.

We are very proud of the programs we offer to our student athletes and hope to instill in each of our athletes that they too should be proud to be a "Tiger".