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Teacher	Course Description
Ms. Todosychuk	<p style="text-align: center;"><b>Foods 1</b></p> <p>Students learn safe and sanitary food handling procedures, equipment care, comprehension of recipes, and the importance of efficient work habits. We will focus on healthier eating and preparing foods from scratch based on Canada's Food Guide.  <b>Fee: \$75</b></p>
Ms. Todosychuk	<p style="text-align: center;"><b>Foods 2</b></p> <p>Students become aware of how food in Canada today reflects the country's history and origins by examining food patterns and customs, and by analyzing and preparing ethnic foods.  <b>Fee: \$75</b></p>
Ms. Meyer	<p style="text-align: center;"><b>Art 1</b></p> <p>Have you always wanted to learn how to draw or paint? Or do you already love drawing and painting, but want to improve your skills? This course will teach students simple and practical ways to observe and record the world around them using a variety of different art materials. This course is suitable for artists of all skill levels, from absolute beginners to more experienced artists.  <i>All course materials are provided; a course fee of \$25 applies to cover the cost of consumables</i></p>
Ms. Meyer	<p style="text-align: center;"><b>Art 2</b></p> <p>Building on the basics learned in Art I, students will continue to develop their technical skills while exploring the ways we can transform and modify images to express ourselves and our ideas. Students will become familiar with a wider variety of art materials and approaches. This course is best suited for artists with some experience and/or those students who have completed Art I.  <i>All course materials are provided; a course fee of \$25 applies to cover the cost of consumables</i></p>

Ms. Ellsworth	<p style="text-align: center;"><b>Adventure Sports and Wilderness Survival</b></p> <p>Dive into the thrill of adventure sports and essential survival skills! This course builds confidence, teamwork, and resilience through exciting outdoor challenges and hands-on survival techniques, including winter preparedness. A bike or scooter is your ticket to ride. Students must bring one to participate fully in the adventure!</p> <p><b>Fee: \$75</b></p>
Ms. Ellsworth	<p style="text-align: center;"><b>Sports Performance</b></p> <p>Students will improve their athletic performance by creating and following workout plans, learning basic anatomy and training principles, exploring sports nutrition, and practicing injury prevention techniques like taping.</p> <p><b>Fee: \$20</b></p>
Mr. Corbett	<p style="text-align: center;"><b>Junior High Core Sports</b></p> <p>Students will participate in sports that are played competitively in school. The semester will follow the LDAA sports calendar with an emphasis on the season's sport.</p>
Mr. Corbett	<p style="text-align: center;"><b>Junior High Alternative Sports</b></p> <p>Students will engage in sports and activities that are rarely played at the Junior High level. Some of these activities will take place off campus which will require students to have a bike in order to participate.</p>
Mr. Skinner	<p style="text-align: center;"><b>Coding &amp; Robotics</b></p> <p>Students will learn the basics of coding &amp; cryptography and complete a series of challenges with robots using block coding</p>
Mr. Skinner	<p style="text-align: center;"><b>Podcasting</b></p> <p>Students will learn to plan, promote, and record a multi-episode podcast on a topic of interest</p>
Ms. Edginton	<p style="text-align: center;"><b>Theatre SFX Design</b></p> <p>Bring theatrical productions to life! Working with industry professionals, this immersive course invites students to explore every facet of theatre design, including special effects stage make-up, props, sets, costumes, lighting, sound, and stage management. Through hands-on workshops and collaborative projects, unleash your artistic talents and learn the technical skills needed to transform ideas into breathtaking realities. Course fee of \$20 to help cover costs of special presentations &amp; consumables</p>

Ms. Edginton	<p style="text-align: center;"><b>Theatre Performance</b></p> <p>Unlock the spotlight and ignite your performance spark with us this year! Experience first-hand how to perform in &amp; create a production for elementary school audiences. In our supportive environment, every student is encouraged to take creative risks. Through creating a production for elementary audiences, you'll discover your unique voice as a performer while cultivating confidence, empathy, and creative expression. Performances at the end of the semester will take place in the professional setting of our Maclab Theatre! Course fee of \$20 to help cover costs of special presentations &amp; consumables</p>
Ms. Chamberland	<p style="text-align: center;"><b>Cosmetology</b></p> <p>This course offers a comprehensive introduction to hairstyling techniques, focusing on the use of various styling tools. Students will learn about proper hair care. The course also covers faux braids, updos, and the appropriate use of styling products to achieve desired looks. Students will be taught how to give a professional shampoo and will be given the opportunity to style each other's hair.</p>
Mr. Lapierre	<p style="text-align: center;"><b>Construction</b></p> <p>Students will be building a variety of woodworking projects using both hand tools and machinery. Students will also be able to design and customize projects using CNC and laser engraving machines.</p>
Mr. McLellan	<p style="text-align: center;"><b>Modern Music</b></p> <p>Instrumentation, Recording, and Performance Students will have an introduction to a variety of instrumentation with the main focus being on introductory guitar. In addition, students will learn the basics of modern recording techniques, and have the opportunity to perform for the class on a volunteer basis. Any student interested in playing an instrument, singing for an audience, creating songs and recording, or a desire to perform on a stage should take this class.</p>
Mr. M'sahel	<p style="text-align: center;"><b>Band</b></p> <p>Students will choose and learn a concert band instrument. Choose from trumpet, flute, clarinet, saxophone, and more - no experience needed! Students will explore music genres from jazz and classical to movie and video game soundtracks, perform at concerts and events, and even have a chance to go on tour in the spring. Band is all about teamwork, creativity, and the thrill of making music with friends. <u>Band is a full-year course.</u></p>
Ms. Chisholm	<p style="text-align: center;"><b>Introduction To Welding</b></p> <p>Students will learn to safely use basic hand tools and power tools related to the welding trade. These tools will be used to create various metalworking projects. <i>An additional fee applies to cover the cost of providing PPE and consumables.</i></p>